

Charles river



QUINCY MARKET

OLD NORTH CHURCH



NEWBURY STREET



BOSTON COMMON

NEW ENGLAND AQUARIUM



freedom trail

BOSTON yoga tour

Yoga is booming in college-rich Beantown, where a host of diverse classes round out the curriculum. By Jennifer Acker

Prana Power Yoga

Husband-and-wife pair Philippe and Taylor Wells, who both trained with Baron Baptiste, opened Prana Power Yoga in June 2002. "Yoga was such an important part of our lives that we wanted to open a studio that would be a community space with clean energy," Taylor says. The studio is devoted to teaching Power Yoga in a room heated to a humid 95 degrees. Creamy sage-green walls and highly polished hardwood floors provide a bright and enlivening environment for up to 45 students at a time. Kids' classes are offered weekly in addition to weekend workshops for all levels, with a focus on beginners. 282 Centre St., Newton; (617) 641-9642; www.pranapoweryoga.com.